



## THE ART *of* DELICIOUS

### **BREAKFAST**

*Winter*

*2021 Sample Menu*

### **CLASSICS**

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#### **Springs Breakfast Platter**

one egg any style, choice of grilled ham, crispy bacon or sausage links,  
hash browns, toast or english muffin

#### **Farmers Omelet or Scramble**

two cage-free eggs, choice of 3 fresh ingredients: ham, bacon, sausage,  
cheddar, swiss, feta, tomato, spinach, onion, bell pepper, mushroom  
hash browns, toast or english muffin

#### **Sunrise Breakfast**

one egg, any style with seasonal fruit & house-made muffin

#### **Lox and Bagel**

pnw smoked salmon, whipped herbed cream cheese, capers, pickled red onions, toasted bagel

#### **Bob's Red Mill Oatmeal or Cream of Wheat**

toasted almonds, brown sugar, raisins, cream

#### **Healthy Choice**

fresh seasonal fruit, vanilla yogurt, granola

### **GRIDDLES**

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#### **Paleo Pancakes, Belgian Waffle or Cinnamon Raisin French Toast**

sweet cream butter, maple syrup or house-made blueberry simple syrup

*Made-without-Gluten, Dairy Free, Nut Free, Vegetarian & Vegan options are available*

*from the kitchen of The Springs Living*



## THE ART *of* DELICIOUS

BREAKFAST SERVED 7 AM – 10 AM EVERYDAY

### A LA CARTE

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#### **Fresh-Baked Pastry**

ask your server for today's feature

#### **Bowl of Cold Cereal**

corn flakes, rice krispies, raisin bran, cheerios

#### **Breakfast Meat**

ham, sausage patty, 2 links, 2 bacon

#### **Fresh Breakfast Potatoes**

crispy yukon golds, caramelized onions & garlic

#### **One Egg**

cooked any style

#### **Toast**

lots of options...ask your server

#### **Seasonal Whole Fruit**

ask your server for selection

#### **Seasonal Fruit Cup**

#### **Espresso Drinks**

latte, cappuccino, mocha,

doppio espresso

extra espresso shot

### FARM CONNECTIONS

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We think the best eggs come from happy chickens... so all of our eggs are from cage-free chickens. To get those great eggs, we partner with two NW farms: **Steibrs Farms** in Yelm, WA and **Wilcox Farms** in Nisqually, WA. Both farms raise their chickens using humane practices, vegetarian feed and no added hormones and antibiotics. Each of these farms are family owned with a long and rich heritage in the NW.

Our commitment to sourcing from ethical and conscientious growers and producers aligns perfectly with Steibrs and Wilcox farms and we are proud to call them our partners!

By the way... anyone know which came first – the chicken or the egg?

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